

PART 1

Food / Snacks

Vocabulary:

- **snack** (n) – a small amount of food eaten between meals
- **appetite** (n) – desire for food
- **crunchy** (adj) – firm and making a loud noise when eaten
- **salty** (adj) – containing a lot of salt
- **sweet** (adj) – having a sugary taste
- **flavour** (n) – the taste of something
- **treat** (n) – something special or enjoyable to eat
- **craving** (n) – a strong desire for food
- **unhealthy** (adj) – not good for health
- **nutritious** (adj) – containing substances your body needs
- **balanced diet** (n) – a diet with all necessary nutrients
- **junk food** (n) – food with little nutritional value
- **homemade** (adj) – made at home
- **portion** (n) – the amount of food served for one person
- **beverage** (n) – a drink other than water
- **savoury** (adj) – salty or spicy rather than sweet
- **street food** (n) – food sold by vendors on the street
- **fried** (adj) – cooked in hot oil
- **baked** (adj) – cooked in an oven
- **grab a bite** (v) – to eat something quickly

Sample Answers:

1. What snacks do you like to eat?

I really enjoy crispy snacks like potato chips or roasted peanuts. Sometimes I also like sweet ones, such as cookies or chocolate bars.

I try not to eat too many snacks because they're usually unhealthy and high in calories. I prefer eating fruits instead.

2. Did you often eat snacks when you were young?

Yes, I used to eat snacks all the time after school. My favorite was grilled corn or dried squid from the street vendors.

Not really. My parents didn't let me eat too many snacks because they wanted me to eat proper meals instead.

3. When do you usually eat snacks now?

I often eat snacks in the afternoon when I study or watch movies. It helps me stay awake and focused.

I rarely snack these days because I'm trying to eat more healthily and avoid gaining weight.

4. Do you think eating snacks is healthy?

● Some snacks can be healthy if they're made from nuts or fruit. It really depends on what you choose.

● Most snacks are not healthy because they contain too much sugar, oil, or salt. Eating them regularly isn't a good habit.

5. What snacks are popular in your country?

● In Vietnam, popular snacks include rice paper rolls, sunflower seeds, and milk tea. They're cheap and easy to find.

● Some modern snacks like imported chips or candies are becoming common, but I think traditional Vietnamese snacks taste better.

Friends / Social Life

Vocabulary:

- **companion** (n) – someone you spend time with
- **bond** (n) – a close relationship between people
- **get along** (v) – to have a friendly relationship
- **acquaintance** (n) – a person you know but not very well
- **trust** (v/n) – confidence in someone's honesty
- **reliable** (adj) – someone you can depend on
- **argument** (n) – a disagreement or fight
- **empathy** (n) – the ability to understand others' feelings
- **supportive** (adj) – helpful and encouraging
- **outgoing** (adj) – friendly and sociable
- **introvert** (n) – someone who prefers being alone
- **extrovert** (n) – someone who enjoys being around people
- **reconnect** (v) – to get back in touch after a long time
- **gossip** (v/n) – to talk about other people's private lives
- **social circle** (n) – a group of friends
- **maintain** (v) – to keep a relationship going
- **conflict** (n) – a serious disagreement
- **loyal** (adj) – faithful and dependable
- **compromise** (v/n) – to find a middle ground in an argument
- **misunderstanding** (n) – a failure to understand correctly

Sample Answers:

1. Do you often chat with friends?

Yes, I chat with my friends almost every day, especially through apps like Messenger and Zalo. It helps us stay connected.

Not really. I'm quite busy with work, so I don't have much time to chat unless it's something important.

2. What do you usually chat about?

We usually talk about school, entertainment, or weekend plans. Sometimes we also share funny videos or memes.

I don't chat much because small talk makes me bored. I prefer meaningful conversations in person.

3. Do you prefer chatting online or face-to-face?

I prefer chatting face-to-face because it feels more real and personal. You can see people's expressions and emotions.

Online chatting is more convenient, but I find it less genuine since messages can easily be misunderstood.

4. Do you often argue with friends?

Sometimes, yes. We argue about small things like where to eat, but we always make up quickly.

I rarely argue with my friends because I try to stay calm and avoid unnecessary conflicts.

5. Do you prefer spending time with one close friend or a group?

I prefer one close friend because we can talk deeply and understand each other better.

Hanging out with a big group is fun, but it can be noisy and chaotic, which I don't always enjoy.

PART 2

Describe a person you disliked at first but ended up being friends with

You should say:

- Who he/she is

- How you know him/her

- Why you disliked him/her at first

And explain how you feel about your friendship now

Vocabulary:

- **impression** (n) – the opinion you form about someone
- **personality** (n) – a person's character
- **misunderstanding** (n) – wrong idea or judgment
- **judgemental** (adj) – quick to criticize others
- **introverted** (adj) – quiet and reserved
- **extroverted** (adj) – outgoing and energetic
- **classmate** (n) – someone who studies with you
- **colleague** (n) – someone you work with
- **cooperate** (v) – to work together
- **trustworthy** (adj) – deserving of trust
- **honest** (adj) – truthful
- **genuine** (adj) – sincere and real
- **sense of humor** (n) – ability to make people laugh
- **apology** (n) – an expression of regret
- **respect** (v/n) – to admire or have good feelings toward someone
- **patient** (adj) – able to wait calmly
- **argument** (n) – a disagreement
- **personality clash** (n) – when two people's characters conflict
- **reconcile** (v) – to become friendly again after a disagreement
- **mutual understanding** (n) – when two people understand each other well

Sample Answer:

One person I initially disliked but later became friends with is my current classmate, Linh. When I first met her, I thought she was arrogant because she didn't talk much and always seemed serious. We worked on the same project, and at first, we had a few misunderstandings because of our different working styles.

However, after spending more time together, I realized that she wasn't arrogant at all—she was just shy and very focused. She always submitted her part of the work on time and helped others when they struggled. We started talking more, and I discovered we had similar interests in music and movies.

Over time, we became close friends, and now I really admire her for her honesty and reliability. Looking back, I'm glad I didn't hold on to my first impression. This experience taught me not to judge people too quickly because sometimes you just need time to understand them better.

PART 3

1. Do you think it's easy to make friends online?

It's quite easy to make friends online because people can connect instantly through social media or gaming platforms. For example, many students in Vietnam make international friends through language exchange apps. However, online friendships can also feel less genuine since you don't really know the person behind the screen.

2. Why is it difficult for some people to make new friends?

Some people find it hard to make friends because they're shy or afraid of being judged. In addition, they may have had negative experiences in the past, which makes them cautious. On the other hand, confident and outgoing people usually find it easier to connect with others.

3. Do we benefit from having friends with different personalities?

Yes, definitely. Friends with different personalities can teach us new ways of thinking and solving problems. For instance, an extroverted friend can help a shy person become more sociable, while a calm friend can help balance out someone who's more emotional. Having such diversity in friendship makes life more interesting and meaningful.